

## 1. Description of the Program

Art Therapy is an undergraduate degree that allows students to express themselves creatively, while learning how to leverage their creative interests to help others through the intensive study of human behavior. The program's primary objective is to prepare students for graduate admission into an Art Therapy master's program with the aim of becoming a registered Art Therapist. The program requires rigorous study in psychology and fine arts that will allow students to develop a strong understanding of psychology and a portfolio worthy of graduate admission. Students will experience a hands-on and theory-based curriculum that assembles key 3 ARTS 11000

	Painting	3
ARTS 13000	2D Design	3
ARTS 13300	3D Design	3
ARTS 18100	Digital Photography	3
ARTS 23100	Intro to Graphic Design	3
ARTS 2xxxx	Introduction to Art Therapy (200 level & PSYC 10000 General Psychology as prerequisite)	3
ARTS 39100/392	Art History I or II (Advanced writing)	3
	Three Workshops in (customized to fit student needs)	3
	• Printmaking and/or Clay	

PSYC 10000

	General Psychology	3
PSYC 30300	Statistics for Social Sciences	3
PSYC 31500	Research Methods I	3
PSYC 31000	Psychological Testing & Evaluation	3
PSYC 21300	Lifespan Development	3
PSYC 32000		

Appendix  
Course Descriptions

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Core Curriculum\* Indicated an exciting course

\* ARTS10000 Drawing

An introduction to the art of drawing, this course investigates the operations and procedures involved in the creation of expressive drawings, their design, their development, and their execution.

3 Credits

\* ARTS11000 Painting

This course is a structured approach to the visual language of paintings through the study of composition, representation, and the interaction of color. Major techniques, procedures and spatial devices are presented.

3 Credits

\* ARTS13002-D Design Fundamentals

This class promotes student awareness that an art form is the result of organization of a visual language: line, shape, value, space, pattern, and texture in a significant arrangement. The course also includes a structured exploration of two-dimensional form.

3 Credits

\* ARTS13303-D Design

A study of the design and construction of three-dimensional forms, this course heightens student awareness of three-dimensional space by offering a hands-on approach to project development. A sizable portion of the course is devoted to learning how a design is developed.

3 Credits

\* ARTS18100 Digital Photography

This course surveys Western art, beginning with Paleolithic cultures and chronologically proceeding to Gothic art. It fulfills the advanced writing requirement.

3 Credits

Or \*ARTS39200 Art History 2

This course surveys art, beginning with the Renaissance and chronologically proceeding to more

\* PSYC1000 Psychological Testing and Evaluation

Students are introduced to the field of psychometrics, which includes descriptive statistics, reliability, validity and interpretation. Special attention is given to the rationale for testing. Assessment techniques considered include intelligence, personality, performance, aptitude, and interest testing.

3 Credits

\* PSYC1300 Lifespan Development

This course examines human development from conception through old age. Emphasis is on the biological, physical, cognitive, and social aspects of development.

3 Credits

\* PSYC2000 Abnormal Psychology

This course investigates human behavior along the normal/abnormal continuum. It covers possible causes and treatments of the major types of behavior disorders, as well as issues in diagnosis and classification.

3 Credits

\* PSYC42000 Psychotherapeutic Techniques

Various contemporary psychotherapeutic theories and techniques are reviewed. The therapist relationship, basic principles common to most psychotherapies and the ethics of the therapeutic process are presented. This course has a significant experiential component.

3 Credits